

## **Health History Form**

All questions on this form will help your clinician understand your history and medical concerns better. All answers are strictly confidential.

## PLEASE ATTACH COPIES OF INSURANCE CARDS. YOU MAY ALSO ATTACH MEDICATION LIST.

| Date:                   |             | Name:                   |                       |              |                    |  |
|-------------------------|-------------|-------------------------|-----------------------|--------------|--------------------|--|
| Date of Birth:          |             | Required S              | ocial Security #      |              |                    |  |
| Allergies and Reactions | S:          |                         |                       |              |                    |  |
|                         |             | Health Changes:         |                       |              |                    |  |
| referred Pharmacy:      |             |                         | Pharmacy Phone #      |              |                    |  |
| Medication              | Dose        | # of Times Per Day      | Medication            | Dose         | # of Times Per Day |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             |                         |                       |              |                    |  |
|                         |             | <u> </u>                |                       |              |                    |  |
| ease indicate if you ha | ive had any | of the following issues | with approximate date | es of diagno | osis.              |  |
| Congenital Heart Prob   | olems       | Heart Attack            | Stroke _              |              | Depression         |  |
|                         |             | eding Disorder          |                       | □            | Anxiety            |  |
| Diabetes                | If yes wh   | at type □1 □ 2          |                       |              |                    |  |



| Family history of diabetes?  | Family History: List any conditions in Mother:   | Father:                                     |
|--|--|---|
| Up to date on dental exams?   Yes   No   Surgical History    Operation: Date / Year   Operation: Date/Year   | Family history of diabetes? □Yes □No             | History of Cancer? □Yes □No Type of cancer? |
| Surgical History  Operation: Date / Year  Operation: Date/Year  Significant childhood illness:   Measles   Mumps   Rubella   Chickenpox   Polio  Other  Social History:   Single   Married   Divorced   Widowed   Do you smoke?   How many packs per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?    Yes   No If yes - how many drinks per day?   Yes   Ye | Date of last flu vaccine?Date of Pne             | eumonia Vaccine?Covid 19?                   |
| Operation: Date / Year  Operation: Date/Year  Significant childhood illness:   Measles   Mumps   Rubella   Chickenpox   Polio   Other  Social History:   Single   Married   Divorced   Widowed   Do you smoke?   Yes   No If yes - how many years?   How many packs per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Married   Divorced   Widowed   Do you smoke?   Yes   No If yes - how many drinks per day?   Do you drink alcohol?   Yes   No If yes - how many drinks per day?   Married   No If yes - how many drin | Up to date on dental exams? □Yes □No             | Up to date on eye exams? □Yes □No           |
| Significant childhood illness:   Measles   Mumps   Rubella   Chickenpox   Polio  Other  Social History:  Single  Married  Divorced  Widowed   Do you smoke?  Yes  No If yes - how many years?  How many packs per day?  Do you drink alcohol?  Yes  No If yes - how many drinks per day?   |  | Surgical History                            |
| Social History:  Single  Married  Divorced  Widowed   Do you smoke?  Yes  No If yes - how many years?  How many packs per day?  Do you drink alcohol?  Yes  No If yes - how many drinks per day?   | Operation: Date / Year                           | Operation: Date/Year                        |
| Social History:  Single  Married  Divorced  Widowed   Do you smoke?  Yes  No If yes - how many years?  How many packs per day?  Do you drink alcohol?  Yes  No If yes - how many drinks per day?   |  |   |
| Social History:  Single  Married  Divorced  Widowed   Do you smoke?  Yes  No If yes - how many years?  How many packs per day?  Do you drink alcohol?  Yes  No If yes - how many drinks per day?   |  |   |
| Social History:  Single  Married  Divorced  Widowed   Do you smoke?  Yes  No If yes - how many years?  How many packs per day?  Do you drink alcohol?  Yes  No If yes - how many drinks per day?   |  |   |
| Do you smoke? □Yes □No If yes - how many years? How many packs per day?<br>Do you drink alcohol? □Yes □No If yes - how many drinks per day?  | Significant childhood illness: □Measles □Mumps □ | Rubella □Chickenpox □Polio □Other           |
| Do you drink alcohol? □Yes □No If yes - how many drinks per day?   | Social History: □Single □Married □Divorced □Wi   | idowed □                                    |
|  | Do you smoke? □Yes □No If yes - how many year    | rs? How many packs per day?                 |
| Occupation: How many children  | Do you drink alcohol? □Yes □No If yes - how many | drinks per day?                             |
| Occupation now many children   | Occupation:                                      | How many children                           |

## Do you currently have any of the problems below? Check all that apply.

| Fevers/chills          | Fatigue/Weakness     | Excessive urination or thirst         |
|------------------------|----------------------|---------------------------------------|
| Weight Changes         | Vision Changes       | Difficulty Hearing                    |
| Ringing in ears        | Allergies            | Chest Pain/Discomfort                 |
| Leg pain with exercise | Palpitations         | Temporary blindness in one eye        |
| Dental Problems        | Slurring of Speech   | Temporary Paralysis of one arm or leg |
| Breast Lump/Discharge  | Blood in Stool       | Changes in bowel movements            |
| Nausea/Vomiting        | Night-Time Urination | Incontinence                          |
| Muscle/Joint Pain      | Pain                 | Skin changes                          |
| Headache               | Dizziness            | Numbness/tingling                     |
| Memory loss            | Lack of coordination | Frequent Falling                      |
| Depression             | Anxiety              | Insomnia                              |
| Difficulty walking     | Major life change    | Vaginal bleeding or discharge         |



## Do you need help with any of the following activities? Check all that apply.

| Toilet □Feeding or making meals □Dressing □Grooming □Ambulation □ Bathing □Using the telephor | ne |
|---|----|
| Shopping □Housekeeping □Laundry □Driving □Managing Medications □Handling Finances             |    |
| o you have a POA (Power of Attorney) □Yes □No Living will □Yes □No DNR □Yes                   |    |
| No  |    |
| there anything you would like your healthcare provider to know?                               |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
|   |    |
| Signature: Date:  |    |